



Effective School Solutions

Introduction to the Trauma Attuned Model[®] for Parents

ESS's Trauma-Attuned Model[®] is a relationship-based, evidence-centered approach to supporting student development, fostering student and caregiver resiliency, and ultimately promoting healthy growth and academic achievement. In this short introduction to TAM[®] workshop, parents and caregivers are introduced to the four key components of the model: Prevalence, Affect, Response, and Triggers (or P.A.R.T. for short).

A more comprehensive 6-hour version of the full Trauma-Attuned Model[®] is also available.

Date: Thursday, January 19, 2023

Time: 6-7pm

Location: Virtual for HSD (Hackettstown School District)

Link:

<https://effectiveschoolsolutions.zoom.us/j/94161593846?pwd=OW0vRUxyeGZWc1R1MVFKYkloY0ZxZz09&from=addon>

Presented by,

Ksanti Maria, LPC

ESS Professional Development Mental Health Trainer & Coach

*Ksanti Maria, LPC, Mental Health Professional Development Trainer & Coach for Effective School Solutions (ESS) is a Licensed Professional Counselor (LPC) specializing in trauma, mood disorders, grief counseling, life-stage challenges, and spiritual exploration. While receiving her master's degree in Clinical Psychology at John F. Kennedy University in California, Ksanti specialized in Child & Family Therapy, honing her skills for the next 5 years at Centerstone Community Mental Health in Nashville, Tennessee as a Child & Family Therapist. During her subsequent 17 years in private practice, Ksanti also taught general psychology & grief counseling as an adjunct instructor at Aquina College & John A. Gupton College in Nashville. Ksanti served as the Co-Chairperson of the Nashville Psychotherapy Institute in 2010. She is trained in EMDR and Brainspotting; is a Third-Degree Reiki Master Therapist; and is a fully certified Realization Process teacher, proficient in all 3 aspects of Meditation, Embodiment, and Subtle-Self Work. Ksanti maintains her LPC license in Tennessee, in addition to New Jersey, is a National Board-Certified Counselor, and has been an active member of the American Counseling Association since 2000. An additional master's degree in International Business provides Ksanti with useful management & organizational skills. **Contact:** kmaria@effectiveschoolsolutions.com*